

July 2019
Montessori School of Iowa City

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| July 1st | July 2nd | July 3rd | July 4th | July 5th |
| Baked Ravioli Roasted Carrots Pears | Tomato Soup Grilled Cheese Apple Sauce | Chicken Patty Green Beans Pineapple | NO SCHOOL | Pesto Pasta w. Chicken Mixed Vegetabls Orange Smiles |
| July 8th | July 9th | July 10th | July 11th | July 12th |
| Turkey Dogs Green Beans Pears | Burritos Tex Corn Pineapple | Club Sandwiches Carrots Apples | Turkey Joes Peas Orange Smiles | Chicken Noodle Peas Peaches |
| July 15th | July 16th | July 17th | July 18th | July 19th |
| Chicken Fried Rice Egg Rolls Mandarin Oranges | Chicken Noodle Soup Grilled Cheese Apple Sauce | Chicken Wraps Green Beans Peaches | Garden Burgers Roasted Corn Pineapple | Pizza Carrots Pears |
| July 22nd | July 23rd | July 24th | July 25th | July 26th |
| Hummus Carrots Orange Smiles | Pasta Marinara w. Chicken Garden Salad Pears | Chicken Quesadillas Spanish Rice Peaches | Club Sandwiches Carrots Apples | Mac and Cheese Peas Pears |
| July 29th | July 30th | July 31st | | |
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